

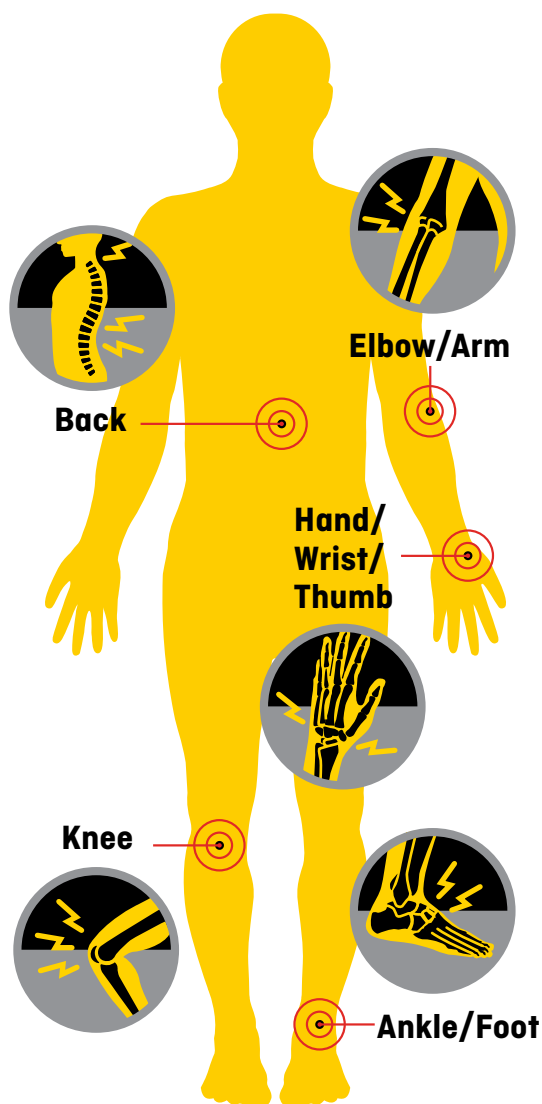


# **PRODUCT CATALOGUE 2020**

**3M**  
**FUTURO™**  
BRACES & SUPPORTS



has a support or brace for your injury



## SUPPORT LEVELS



**MILD  
SUPPORT**

### MILD

Provides light compression, support and therapeutic heat retention to help relieve symptoms associated with minor sprains, strains and mild arthritis.



**MODERATE  
SUPPORT**

### MODERATE

Provides adjustable levels of compression, support and therapeutic heat retention to help relieve symptoms associated with strains, sprains, mild arthritis and muscle pain.



**FIRM  
SUPPORT**

### FIRM

Provides firm support using a combination of advanced materials to help prevent re-injury and relieve symptoms associated with strains, sprains, mild arthritis and repetitive stress injuries.

**FUTURO™ Brand are  
the market leaders\* in  
Supports & Braces.**

\* IMS Value Share Sales MAT September 2019.



Our expert panel of engineers and medical professionals brings innovative technology to every product we make.

FUTURO products help manage the symptoms of joint pain and enable your customers to GET OUT THERE and keep doing what they love.

## ABOUT FUTURO™ SUPPORTS AND BRACES

FUTURO™ Braces and Supports have consistently provided pain relief and helped prevent injury for over 70 years. Powered by 3M Science and developed by 3M experts who truly understand muscles and joints, FUTURO™ offers a wide range of braces and supports that help people perform their best in both work and play.

The supports and braces are made from a wide range of different materials and stabilisers to ensure all your injury needs are covered. The materials used provide various compression levels, heat retention and breathability so you can go about your active routines.

**Thoughtfully designed to look good and feel good, these go-to solutions for comfort and motion help you stay healthy, social, competitive, and positive —gearing you up for life's great adventures.**



## RICER



REST



ICE



COMPRESSION



ELEVATION



REFERRAL

*Utilise FUTURO products as part of the RICER method*

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## PRODUCT RANGES

### DELUXE

Soft-touch fabric and material specially designed for all-day wear comfort and durability. Stabilisers provide extra support while immobilising the entire joint.



### CUSTOM FIT

Specifically engineered with custom dial technology to create and adjust pressure and stabilisation to affected tendons.



### NIGHT RANGE

Promotes the recommended therapeutic position for a good night's sleep. Made from soft, breathable and lightweight material and features cushion beads for comfort and protection.



### COMFORT

Flexible and breathable four-way stretch knit material that reduces bunching and promotes optimal fit and all-day comfort.



### PERFORMANCE COMFORT

Medium to high density polyurethane foam that is low-profile with enhanced breathability compared to neoprene. Odour-resistant and ideal for all-day wear and sport activities.



### ULTRA PERFORMANCE

Side stabilisers and silicone beads deliver extra support during activity or exercise while the patella gel pad provides targeted warmth and compression.



### SPORT

Designed for sports and other physical activities. The range includes side stabilisers and tension pads and is ergonomically cut for improved movement. The neoprene blend material helps retain warmth and reduce sweating during sport activities.



### FOR HER

Designed by women to fit a woman's natural curves. Made with dual-stretch knit fabric that is breathable, lightweight, comfortable and soft to fit discreetly under everyday clothing.



**WE HAVE THE  
TECHNOLOGY  
TO KEEP YOU  
PROPERLY  
SUPPORTED!**



## Therapeutic Arch Support

ALL DAY



**Use for:** Foot, Arch and Heel Pain, Mild Plantar Fasciitis

### Product Features:

- Helps provide relief for foot, arch and heel pain associated with mild plantar fasciitis
- Removable arch inserts provide custom support
- 2 straps with 2 levels of support per pack
- Odour resistant - designed for daytime use with or without shoes
- Soft, breathable and durable materials
- Straps should be worn with inserts of both feet to ensure proper alignment
- See pack for where to measure

**Materials:** Nylon, Polyester, Polyurethane Foam, Polypropylene, Spandex



BREATHABLE MATERIAL



Customer Measurement Size	Adjustable	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
	21.5cm - 30.4cm / 8.5" - 12"	48510EN	468436	131755	136115	2373485	\$36.95	GST Free	051131211407

## Night Plantar Fasciitis Sleep Support

NIGHT



**Use for:** Foot, Arch and Heel Pain, Mild Plantar Fasciitis

### Product Features:

- Keeps foot in flexion to prevent ligament from shortening during sleep
- Low profile support made with breathable, lightweight materials
- Latex free materials
- Can be worn with or without a sock
- Comfortably holds the foot in the recommended therapeutic position all night
- Reversible for either foot
- CAUTION: NOT recommended for individuals with diabetes, neuropathy or vascular disease
- See pack for where to measure

**Materials:** Polypropylene, Spandex, Polyurethane Foam, Nylon, TPE, Polyethylene



BREATHABLE MATERIAL



MOISTURE WICKING



Customer Measurement Size	Adjustable	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
	20.3cm - 38.1cm / 7.9" - 15"	48507ENR	468622	131789	136093	2373509	\$74.95	GST Free	051131201613

## Compression Basics Elastic Ankle Support

### COMPRESSION BASICS



**Use for: General Soreness and Swelling**

#### Product Features:

- Supports weak and sore muscles around the ankle joint and arch
- Breathable and dual stretch for all-day comfort and support
- Less bulky design allows it to be worn inside shoes
- Reversible for either ankle
- White in colour
- See pack for where to measure

**Materials:** Polyester, Cotton, Spandex, Nylon



Customer Measurement Size	Small 25.4cm - 31.8cm / 10.0" - 12.5"	Medium 31.8cm - 38.0cm / 12.5" - 15.0"	Large 38.0cm - 44.5cm / 15.0" - 17.5"					
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	3300EN	25631	261214	345504	2373892	\$20.95	Yes	051131194304
Medium	3301EN	25632	261222	345539	2373992	\$20.95	Yes	051131194328
Large	3302EN	25633	261255	345547	2373978	\$20.95	Yes	051131194335

## Wrap Around Ankle Support

### ALL DAY



**Use for: Swelling, Mild Arthritis**

#### Product Features:

- Supports weak or injured ankles relieving symptoms of mild arthritis and swelling
- Soft breathable materials ensure all day comfort
- Thin woven fabric for comfortable fit in shoe
- Adjustable elastic strap for custom support
- Reversible for either ankle
- Beige in colour
- See pack for where to measure

**Materials:** Rubber\*, Nylon, Polyester, Spandex



Customer Measurement Size	Small 18.0cm - 20.5cm / 7" - 8"	Medium 20.5cm - 23.0cm / 8" - 9"	Large 23.0cm - 25.5cm / 9" - 10"					
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	47874EN	228648	776120	426466	2373530	\$32.95	Yes	051131200777
Medium	47875EN	228605	776138	426474	1773603	\$32.95	Yes	051131200784
Large	47876EN	231657	778829	426482	2373388	\$32.95	Yes	051131200791

**\*This product contains natural rubber latex which may cause allergic reactions**

## ANKLE SUPPORTS

### For Her Wrap Around Ankle Support

**FOR HER**



**Use for: Sprains, Chronic Ankle Instability, Overuse Syndromes**

**Product Features:**

- Comfortable support for weak or injured ankles
- Contoured fit tailored to the natural curves of a woman's foot and ankle
- Easily fits inside shoes
- Adjustable straps for a customised fit
- Soft breathable materials to wear all day or during activities that cause discomfort
- May protect from further injury
- See pack for where to measure

**Materials:** Rubber\*, Nylon, Polyester, Spandex



Customer Measurement Size	Small/Medium 19.1cm - 21.6cm / 7.5" - 8.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
95347ENR	382701	093765	366838	2373554	\$32.95	Yes	051131201705

**\*This product contains natural rubber latex which may cause allergic reactions**

### Performance Comfort Ankle Support

**PERFORMANCE COMFORT**

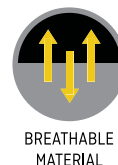


**Use for: General Soreness, Mild Arthritis, Swelling, Mild Tendonitis**

**Product Features:**

- Low profile, contoured shape is designed for optimal comfort and support
- Provides enhanced breathability compared to neoprene
- Odour resistant
- Flexible comfort strap adjusts for a personalised fit and support
- Fits easily and comfortably inside your shoe
- Enhanced heel strap for added comfort
- Wrap around style is easy to put on and take off, use on left or right foot
- See pack for where to measure

**Materials:** Polyurethane, Nylon, Spandex, Polyester



Customer Measurement Size	Adjustable 17.8cm - 29.9cm / 7.5" - 11"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
01037ENR	933570	180794	185809	2373616	\$36.95	Yes	051131200623

## ANKLE SUPPORTS

### Sport Ankle Support

SPORT



**Use for:** Swelling, Mild Arthritis

**Product Features:**

- Helps relieve weak or sore ankles
- Open-heel design for comfort and best fit
- Comfortable, skin-friendly materials reduce sweating and keeps skin dry
- Wrap around style is easy to put on and take off, use on left or right foot
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon



Customer Measurement Size	Adjustable 17.8cm - 29.9cm / 7" - 11"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
09037ENR	735884	604421	119334	2373585	\$35.95	Yes	051131201439

### Performance Ankle Support

SPORT



**Use for:** General Soreness, Sprains, Swelling, Mild Arthritis

**Product Features:**

- Designed to provide strength and support to weak or injured ankles as a result of ligament injuries
- Provides compression and protection from further injury
- Moisture-wicking material helps control perspiration
- Open-heel design for comfort and best fit
- Wrap around style is easy to put on and take off, use on left or right foot
- Odour resistant
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon, Spandex



MOISTURE  
WICKING



ODOUR  
RESISTANT



Customer Measurement Size	Adjustable 17.8cm - 26.7cm / 7" - 10.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
48635ENR	239968	790204	104353	2373809	\$55.95	Yes	051131200579



Performance Ankle Stabiliser

DELUXE



FIRM  
SUPPORT

Use for: Sprains, Mild Arthritis, Ankle Instability

Product Features:

- Optimal support brace for recuperation after sprains, strains and ligament tears that result in ankle instability
- Reinforced side stabilisers help limit lateral motion without immobilising the entire joint
- Adjustable ankle strap lift and support the arch of the foot
- Designed to fit comfortably inside the shoe for all day wear during activity
- See pack for where to measure

Materials: Nylon, Polyester, Polyethylene, Polyurethane Foam, Spandex



BREATHABLE  
MATERIAL



MOISTURE  
WICKING



Customer Measurement Size	Adjustable 20.3cm - 25.4cm / 8" - 10"
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3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
46645ENR	816744	684837	250724	2373654	\$94.95	Yes	051131201514

## Compression Basics Elastic Knee Support

### COMPRESSION BASICS



**Use for:** General Soreness and Swelling

**Product Features:**

- Provides basic compression support for weakened or aching knees
- Anatomical shape for optimal fit
- Breathable and dual stretch for all-day comfort and support
- Sleek design to fit under clothing
- White in colour
- See pack for where to measure

**Materials:** Polyester, Cotton, Spandex, Nylon



Customer Measurement Size	Small 30.5cm - 36.8cm/ 12.0" - 14.5"	Medium 36.8cm - 43.2cm/ 14.5" - 17.0"	Large 43.2cm - 49.5cm/ 17.0" - 19.5"	X-Large 49.5cm - 55.9cm/ 19.5" - 22.0"				
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	3200EN	25621	261131	345288	2374009	\$21.95	Yes	051131194229
Medium	3201EN	25622	261156	345326	2373985	\$21.95	Yes	051131194250
Large	3202EN	25623	261180	345415	2373961	\$21.95	Yes	051131194267
X-Large	3203EN	25624	261198	345431	2373716	\$21.95	Yes	051131194274

## Comfort Knee Support

### COMFORT



**Use for:** General Soreness, Swelling, Mild Arthritis

**Product Features:**

- Breathable, dual-stretch material for optimal all-day comfort
- Fine-knit comfort panel reduces bunching behind knee
- Easy to wear slip-on style
- Use on right or left knee
- Anatomical shape for optimal fit and joint protection

- Latex Free
- Grey in colour
- See pack for where to measure

**Materials:** Cotton, Nylon, Polyester, Spandex



Customer Measurement Size	Small 30.5cm - 36.8cm / 12" - 14.5"	Medium 36.8cm - 43.2cm / 14.5" - 17"	Large 43.2cm - 49.5cm / 17" - 19.5"	X-Large 49.5cm - 55.9cm / 19.5" - 22"				
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	76586ENR	866741	152579	576611	1603241	\$30.95	Yes	051131200982
Medium	76587ENR	866733	146654	576638	1603233	\$30.95	Yes	051131200999
Large	76588ENR	866725	152124	576646	1603225	\$30.95	Yes	051131201002
X-Large	76589ENR	382787	094011	366846	2373792	\$30.95	Yes	051131200586

## Knee Strap

SPORT



**Use for:** Mild Tendonitis, Patella Tracking, Mild Arthritis

**Product Features:**

- Provides gentle pressure on the tendons below the knee for temporary relief of irritated kneecaps (chondromalacia)
- Helps relieve kneecap discomfort
- Adjustable and durable hook and loop strap provides comfortable firm support
- See pack for where to measure

**Materials:** Polyester, Nylon, Polyethylene, Polyurethane, Spandex, TPE, Acetal, Polypropylene



Customer Measurement Size	Adjustable 31.8cm - 44.5cm / 12.5" - 17.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
9189EN	643033	668855	229008	2373492	\$38.95	Yes	051131200685

## Dual Strap Knee Support

SPORT



**Use for:** Mild Patella Tendonitis, Jumper's Knee, Mild Arthritis

**Product Features:**

- Two-strap design provides targeted upper and lower compression
- Gel support pads provide comfort above and below the kneecap
- Adjustable straps for custom comfort
- Breathable material releases excess heat
- Low-profile design feels smooth around your knee
- See pack for where to measure

**Materials:** Neoprene, Nylon, Polyurethane, PTE, Polyester, Spandex



Customer Measurement Size	Adjustable 31.8cm - 44.5cm / 12.5" - 17.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
09195ENR	32062	281667	516708	2384079	\$47.95	Yes	051131212718

## Comfort Knee With Stabilisers

**COMFORT**



**Use for: Sprains, Swelling, Mild Arthritis**

### Product Features:

- For firm support of overuse injuries of the knee
- Open patella design for kneecap stabilisation
- Dual side stabilisers provide lateral stabilisation without limiting movement and helps prevent re-injury
- Soft, durable dual stretch material provides firm, flexible support without irritating seams
- Sleeve is easy to put on and take off, use on right or left knee
- Latex Free
- Grey in colour
- See pack for where to measure

**Materials:** Cotton, Nylon, Polyester, Spandex, Steel



BREATHABLE MATERIAL



Customer Measurement Size	Small 30.5cm - 36.8cm / 12" - 14.4"	Medium 36.8cm - 43.2cm / 14.4" - 17"	Large 43.2cm - 49.5cm / 17" - 19.4"
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	3M Product Code	API Code	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	46163ENR	235180	785873	096571	2373816	\$49.95	Yes	051131200739
Medium	46164ENR	232939	785345	098353	2373678	\$49.95	Yes	051131200746
Large	46165ENR	241180	785881	098396	2373661	\$49.95	Yes	051131200753

## Performance Comfort Knee Support

**PERFORMANCE COMFORT**



**Use for: Sprains, Strains, Mild Arthritis, Swelling, Mild Tendonitis**

### Product Features:

- Patella shield provides extra kneecap support
- Contoured shape is designed for optimal comfort and support
- Antimicrobial treatment inhibits growth of odour-causing bacteria on the support
- Flexible comfort straps adjust for a personalised fit
- Easy to put on and take off
- Comfortable material wicks away moisture and provides enhanced breathability
- See pack for where to measure

**Materials:** Silicone, Polyurethane, Nylon, Spandex, Polyester



BREATHABLE MATERIAL



ODOUR RESISTANT



Customer Measurement Size	Adjustable 33.0cm - 45.7cm / 13" - 17.5"
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3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
01039ENR	933554	180760	185787	2373709	\$62.95	Yes	051131200647



## Performance Knee Support

**SPORT**



**Use for:** Mild Tendonitis, Mild Arthritis

**Product Features:**

- Open patella design to provide stabilisation support, comfort and heat retention to injured knees
- Sleeve is easy to put on and take off, use on right or left knee
- Comfort panel reduces bunching
- Durable neoprene blend material reduces sweating and keeps skin dry
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon, Spandex



BREATHABLE  
MATERIAL



ODOUR  
RESISTANT



Customer Measurement Size	Small 33.0cm - 38.1cm / 13" - 15"	Medium 38.1cm - 43.2cm / 15" - 17"	Large 43.2cm - 48.3cm / 17" - 19"	X-Large 48.3cm - 55.9cm / 19" - 22"				
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	45694ENR	856630	622001	174289	2373778	\$60.95	Yes	051131201378
Medium	45696ENR	857688	622019	174297	N/A	\$60.95	Yes	051131201521
Large	45697ENR	858730	622027	174300	2373730	\$60.95	Yes	051131201385
X-Large	45699ENR	363618	069674	031518	2373447	\$60.95	Yes	051131201446

## Sport Knee Support

**SPORT**



**Use for:** General Soreness, Mild Arthritis

**Product Features:**

- 3 adjustable straps and an open patella design for kneecap stabilisation, comfort and fit
- For strength and support of weak or injured knees and relief of symptoms of mild arthritis
- Side ventilation holes for breathability and reduced bunching behind knees
- Comfortable neoprene blend material helps knee retain warmth
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon



Customer Measurement Size	Adjustable 33.0cm - 45.7cm / 13" - 17.5"							
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
	09039ENR	735906	604413	119326	2373685	\$61.95	Yes	051131201408

## Performance Knee Stabiliser

**SPORT**



MODERATE  
SUPPORT

**Use for: Sprains, Mild Tendonitis, Mild Arthritis**

### Product Features:

- Helps give extra support for weak or injured knees
- Double-sided stabilisers help provide medial and lateral support
- Open patella design for added kneecap stabilisation
- Reflective tab for enhanced night visibility
- Neoprene blend material to help knee retain warmth
- Side ventilation holes reduce bunching behind the knee and greater breathability
- Adjustable for comfort fit
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon, Spandex, Steel



Customer Measurement Size	Adjustable 33.0cm - 45.7cm / 13" - 17.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
47550ENR	228591	774513	066699	2325127	\$65.95	GST Free	051131201569

## For Her Knee Support

**FOR HER**



MODERATE  
SUPPORT

**Use for: Sprains, Strains, Mild Arthritis, Repetitive Stress Injuries**

### Product Features:

- Comfortable support for weak or injured knees - provides mild support for weak or sore muscles above or below the knee. May protect from further injury
- Contoured fit tailored to the natural curves of a woman's knee with dual spiral stabilisers and a patella gel pad for added support and comfort
- Easily fits inside clothing
- Adjustable straps for a customised fit
- Soft breathable materials to wear all day or during activities that cause discomfort
- Blue/Grey in colour
- See pack for where to measure

**Materials:** Nylon, Spandex, Silicone, Polyurethane, Polyester, Steel



Customer Measurement Size	Adjustable 30.5cm - 45.7cm / 12" - 18"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
95341ENR	382728	093773	367117	2373623	\$65.95	GST Free	051131190030

## Ultra Performance Knee Stabiliser

**ULTRA PERFORMANCE**



MODERATE  
SUPPORT

**Use for: Sprains, Swelling, Mild Tendonitis, Lateral Support, Patella Tracking**

### Product Features:

- Breathable, 4-way stretch knit creates comfortable, custom fit that prevents slipping, even during rigorous activities
- Patella gel ring provides cushioning comfort and targeted compression
- Strong side stabilisers provide added support and keep support in place with silicone beads
- Extra length for improved fit, extra comfort, and greater calf and thigh compression
- Low profile and sleek design for all-day support
- Grey in colour
- See pack for where to measure

**Materials:** Polyester, Nylon, Silicone, Cotton, Spandex, Steel, Polyethylene



BREATHABLE  
MATERIAL



Customer Measurement Size	Small			Medium			Large			X-Large
	Calf 30.5cm – 35.6cm / 12" – 14"  Thigh 36.8cm – 41.9cm / 14.5" – 16.5"			Calf 35.6cm – 40.6cm / 14" – 16"  Thigh 41.9cm – 47.0cm / 16.5" – 18.5"			Calf 40.6cm – 48.3cm / 16" – 18"  Thigh 47.0cm – 52.1cm / 18.5" – 20.5"			Calf 45.7cm – 50.8cm / 18" – 20"  Thigh 52.1cm – 57.2cm / 20.5" – 22.5"
3M Product Code		API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode		
Small	48189ENR	951366	192815	185868	2445100	\$58.95	GST Free	051131201460		
Medium	48190ENR	933457	192823	185892	2373830	\$58.95	GST Free	051131201477		
Large	48191ENR	933481	192856	185906	2373823	\$58.95	GST Free	051131201484		
X-Large	48192ENR	932574	192781	185949	2373885	\$58.95	GST Free	051131191464		

## Compression Basics Adjustable Wrist Support

### COMPRESSION BASICS



**Use for: General Soreness and Swelling**

**Product Features:**

- Neoprene blend material for comfort, warmth and support
- Thumb loop and wrap around design for easy application
- Fully adjustable for optimal fit
- Reduces chance of re-injury
- Suits either hand
- Black in colour
- See pack for where to measure

**Materials:** Neoprene, Nylon, Polyester



Customer Measurement Size	Adjustable
	11.4 - 24.1cm / 4.5" - 9.5"

3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
33090EN	26782	261263	640158	2373854	\$16.95	Yes	051131194205

This product replaces the previously sold Compression Basics Elastic Wrist Support 3500EN.

## Wrist Support Strap

### ALL DAY



**Use for: General Soreness, Repetitive Stress Injuries**

**Product Features:**

- Helps provide reliable support to weak or injured wrists
- Padding for optimal comfort
- Limits wrist motion and protects tender wrists
- Universal fit - for left or right hand
- Beige in colour
- Comfortable, skin-friendly materials reduce sweating and keep skin dry compared to neoprene
- See pack for where to measure

**Materials:** Cotton, Rubber\*, Nylon, Polyester, Polyurethane



Customer Measurement Size	Adjustable
	14.0cm - 24.1cm / 5.5" - 9.4"

3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
46709ENR	867616	146159	576174	2373592	\$28.95	Yes	051131200913

**\*This product contains natural rubber latex which may cause allergic reactions**



## Sport Wrist Support

**SPORT**



**Use for: General Soreness, Swelling**

**Product Features:**

- Use for symptomatic relief of mild arthritis, weak or injured wrists
- Designed to provide comfortable support during sport and other physical activities
- Thumb loop for ease of application
- Neoprene blend helps wrist retain soothing warmth
- Suits either hand
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon



Customer Measurement Size	Adjustable 11.4cm - 24.1cm / 11.4" - 9.4"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
09033ENR	736031	604405	119261	2373692	\$32.95	Yes	051131201415

## Performance Comfort Wrist Support

**PERFORMANCE COMFORT**



**Use for: General Soreness, Swelling, Mild Arthritis, Mild Tendonitis**

**Product Features:**

- Comfortable material wicks away moisture and provides enhanced breathability
- Antimicrobial treatment inhibits growth of odour-causing bacteria on the support
- Flexible comfort strap adjusts for personalised fit
- Contoured shape is designed for optimal comfort and support
- Suits either hand
- See pack for where to measure

**Materials:** Polyurethane, Nylon, Spandex, Polyester



Customer Measurement Size	Adjustable 11.4cm - 24.1cm / 4.5" - 9.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
01036ENR	933562	180778	185795	2373609	\$35.95	Yes	051131200616

## For Her Wrist Brace

**FOR HER**



**Use for:** Mild Carpal Tunnel Syndrome, Sprains, Strains, Mild Arthritis, Muscle Pain

### Product Features:

- May help relieve the symptoms of mild Carpal Tunnel Syndrome
- Contoured, comfortable, moderate support for weak or injured wrists requiring rigid stabilisation. May protect from further injury.
- Contoured fit tailored to the natural curves of a woman's wrist with wrist stabilisers and a palmar gel pad for added support and comfort
- Easily fits inside clothing - low profile
- Adjustable straps for a customised fit
- Soft breathable materials to wear all day or during activities that cause discomfort
- Blue/Grey in colour
- See pack for where to measure

**Materials:** Nylon, Polyester, Silicone, Spandex, Aluminium, Polyurethane



BREATHABLE MATERIAL



Customer Measurement Size	Left <i>One size fits most</i>	Right <i>One size fits most</i>						
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Left	95345ENR	382671	093708	366811	2373630	\$59.95	GST Free	051131201682
Right	95346ENR	382698	093740	368741	2373647	\$59.95	GST Free	051131201699

## Comfort Stabilising Wrist Brace

**DELUXE**



**Use for:** General Soreness, Mild Carpal Tunnel Syndrome, Sprains, Mild Tendonitis, Mild Arthritis

### Product Features:

- Designed to help relieve the symptoms of mild Carpal Tunnel Syndrome, mild tendonitis, sprains and mild arthritis
- Easy-sleeve design for effortless application
- Soft touch materials for optimal wearing comfort
- Reversible for left or right hand
- Black and grey in colour
- See pack for where to measure

**Materials:** Nylon, Polyester, Urethane, Spandex, Aluminium, Polyurethane



BREATHABLE MATERIAL



Customer Measurement Size	Adjustable <i>14.0cm - 21.5cm / 5.5" - 8.5"</i>							
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
	10770ENR	363588	069666	031488	2325096	\$59.95	GST Free	051131196773

## Night Wrist Support

NIGHT



MODERATE  
SUPPORT

**Use for:** Mild Carpal Tunnel Syndrome, Post Cast, Mild Arthritis

### Product Features:

- Gives support and comfort for a good night's sleep
- Designed to promote a neutral wrist and hand position
- Cushioning beads provide comfort and protection and adjustable straps provide customised fit
- Breathable, latex free material
- Navy in colour
- Suits either hand
- See pack for where to measure

**Materials:** Polyurethane Foam, Polyester, Nylon, Spandex, Polystyrene, Aluminium



BREATHABLE  
MATERIAL



Customer Measurement Size	Adjustable						
	13.3cm - 22.9cm / 5.2" - 9"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
48462ENR	469114	131839	136034	2373747	\$58.95	GST Free	051131201606

## Custom Fit Stabilising Wrist Brace

CUSTOM DIAL



FIRM  
SUPPORT

**Use for:** Mild Tendonitis, Mild Carpal Tunnel Syndrome, Mild Arthritis

### Product Features:


- Two adjustable dials provide customised fit and stabilisation
- Lacing system eliminates confusing straps and helps prevent loosening
- Durable lacing and materials
- Breathable, soft materials for all-day comfort
- Low-cut, ergonomic shape allows for freedom of hand movement
- Easy sleeve design for quick and easy application
- See pack for where to measure

**Materials:** Polycarbonate, Nylon, Blue Zinc, Rayon, Vinyl, Polyester, Polyurethane, Spandex, Aluminium, ABS, POM, TPU, Steel



BREATHABLE  
MATERIAL



Customer Measurement Size	Adjustable					BREATHABLE MATERIAL		
	Wrist 17.8cm - 21.9cm / 7" - 9" Hand 19cm - 23.5cm / 7.5" - 9.25"							
3M Product Code		API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Left Hand	611612ENR	934143	180679	185736	2373754	\$65.95	GST Free	051131200500
Right Hand	601602ENR	934127	180661	185728	2373454	\$65.95	GST Free	051131200494

## Deluxe Wrist Stabiliser

**DELUXE**



**FIRM  
SUPPORT**

**Use for: Mild Carpal Tunnel Syndrome, Mild Arthritis**

### Product Features:

- Provides rigid support and helps relieve symptoms of pain, numbness and swelling associated with wrist injuries and disorders
- Rigid palmar and dorsal supports help relieve symptoms of pain, numbness and swelling
- Extra soft padding for improved comfort
- Soft-touch fabric with brushed inner lining is cushioning and breathable
- Adjustable closures for easy fit and application
- See pack for where to measure

**Materials:** Polyester, Vinyl, Nylon, Neoprene, Polyurethane, Spandex, Aluminium, Polypropylene, Cotton



**BREATHABLE  
MATERIAL**



Customer Measurement Size	Small/Medium Right 14.0cm - 19.0cm / 5.5" - 7.5"	Small/Medium Left 14.0cm - 19.0cm / 5.5" - 7.5"	Large/XL Right 19.0cm - 23cm / 7.5" - 9"	Large/XL Left 19.0cm - 23cm / 7.5" - 9"				
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
S/M Left	09144ENT	736821	275198	119040	2325103	\$83.95	GST Free	051131200876
S/M Right	09090ENT	737887	275164	119385	2373878	\$83.95	GST Free	051131200890
L/XL Left	45538ENT	737151	275206	424722	2373930	\$83.95	GST Free	051131200883
L/XL Right	09137ENT	737909	275214	079103	2373923	\$83.95	GST Free	051131200906

## Compression Glove

**ALL DAY**



**MILD  
SUPPORT**

**Use for: Swelling, Mild Arthritis, Repetitive Stress Injury**

### Product Features:

- Helps relieve mild hand or wrist discomfort
- Reversible for right or left hand
- Provides soothing warmth, support and flexibility
- Breathable, latex free material for comfort
- Ideal for typing or keyboard use, crafts or needlework, mild arthritis symptoms and repetitive tasks
- Beige in colour
- See pack for where to measure

**Materials:** Nylon, Spandex, Polyester



**BREATHABLE  
MATERIAL**



Customer Measurement Size	Small/Medium 16.5cm - 20.3cm / 6.5" - 8.0"	Large/XLarge 20.3cm - 24cm / 8.0" - 9.5"						
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
S/M	09183ENR	13604	224220	246042	2373947	\$21.95	Yes	051131200418
L/XL	09187ENR	13605	224238	246050	2373954	\$21.95	Yes	051131200401



## Deluxe Thumb Stabiliser – Black and Beige

**DELUXE**



**Use for: Sprains, Mild Arthritis, Repetitive Stress Injury**

**Product Features:**

- Comfortable thumb sleeve and wrist strap for customisable support
- Helps stabilise the lower thumb joints for those experiencing mild arthritic symptoms or degenerative conditions of the thumb
- Two removable stays for efficient thumb stability
- Durable, non-elastic lacing system with hook tab provides easy, one-step application and adjustability (black only)
- Comfortable skin friendly materials reduce sweating and keeps skin dry
- Low profile allows for free movement of remaining fingers
- Suits either hand. See pack for where to measure



BREATHABLE MATERIAL

**Materials:** Nylon, Polyester, Polyurethane Foam, Vinyl, Rayon, Celcon, Spandex



BLACK Customer Measurement Size	Small/Medium 12.7cm - 16.5cm / 5" - 6.5"		Large/XLarge 16.5cm - 20.3cm / 6.5" - 8"		BEIGE Customer Measurement Size	Small/Medium 12.7cm - 16.5cm / 5" - 6.5"		Large/XLarge 16.5cm - 20.3cm / 6.5" - 8"	
	3M Product Code	API PDE	Sigma PDE	Symbion PDE		CH2 PDE	RRP	GST Applicable	Barcode
BLACK	S/M	45843ENR	934224	180737	185760	2373547	\$42.95	GST Free	051131198555
	L/XL	45844ENR	933538	180752	185779	2373785	\$42.95	GST Free	051131198548
BEIGE	S/M	45841ENR	822183	684811	250694	2373723	\$42.95	GST Free	051131201538
	L/XL	45842ENR	821225	684829	250708	2373578	\$42.95	GST Free	051131200722

## Compression Basics Elastic Elbow Support

**COMPRESSION BASICS**




**Use for: Sprains, Mild Arthritis, Repetitive Stress Injury**

**Product Features:**

- Helps provide support to injured or weak elbows
- Breathable and dual stretch for all-day comfort and support
- Reduces chance of re-injury
- Suits either hand
- White in colour
- See pack for where to measure

**Materials:** Polyester, Cotton, Spandex, Nylon



Customer Measurement Size	Small	Medium	Large					
	23.0cm - 25.5cm / 9.0" - 10.0"	25.5cm - 28.0cm / 10.0" - 11.0"	28.0cm - 30.5cm / 11.0" - 12.0"					
3M Product Code		API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	3400EN	25616	261271	345156	N/A	\$20.95	Yes	051131194281
Medium	3401EN	25617	261289	345202	N/A	\$20.95	Yes	051131194298
Large	3402EN	25618	261305	345210	N/A	\$20.95	Yes	051131194311

## Performance Comfort Elbow Support

PERFORMANCE COMFORT



MODERATE  
SUPPORT

**Use for:** General Soreness, Swelling, Mild Arthritis, Mild Tendonitis

### Product Features:

- Designed to produce targeted compression and support for stiff, weak or injured elbows
- Comfortable material wicks away moisture and provides enhanced breathability compared to neoprene
- Flexible comfort straps adjust for a personalised fit
- Low-profile, contoured shape is designed for optimal comfort and support
- See pack for where to measure

**Materials:** Polyurethane, Nylon, Spandex, Polyester



Customer Measurement Size	Adjustable 16.5cm - 34.3cm / 6.4" - 13.5"
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3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
01038ENR	933414	180570	185817	2373561	\$37.95	Yes	00051131200630

## Comfort Elbow Support with Pressure Pads

COMFORT



MODERATE  
SUPPORT

**Use for:** Swelling, Mild Tendonitis, Mild Tennis Elbow, Mild Golfer's Elbow, Overuse Syndromes

### Product Features:

- Massaging pads help relieve pain and accelerate the healing process
- Recommended for management of mild tennis or golfer's elbow
- Wrap-around strap for customised support
- Latex Free
- Suits either arm
- Beige in colour
- See pack for where to measure

**Materials:** Cotton, Nylon, Polyester, Spandex, Silicone



Customer Measurement Size	Small 22.9cm - 25.4cm / 9" - 10"	Medium 25.4cm - 27.9cm / 10" - 11"	Large 27.9cm - 30.5cm / 11" - 12"
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	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Small	47861ENR	231630	782029	426490	2373861	\$36.95	Yes	051131200548
Medium	47862ENR	228656	778845	426512	2373761	\$36.95	Yes	051131200555
Large	47863ENR	231649	782011	426520	2373478	\$36.95	Yes	051131200562

## Sport Elbow Support

**SPORT**



**Use for:** Sprains, Strains, Mild Arthritis, Mild Tendonitis

**Product Features:**

- Designed to provide strength and support for stiff, weak or injured elbows
- Neoprene blend helps elbow retain warmth
- Two adjustable straps for custom fit
- Contoured elbow pocket for precision, support and fit
- See pack for where to measure

**Materials:** Neoprene Blend, Polyester, Nylon



Customer Measurement Size	Adjustable 16.5cm - 34.3cm / 6.4" - 13.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
09038ENR	862401	626408	180874	2373516	\$36.95	Yes	051131201422

## Tennis Elbow Strap

**SPORT**



**Use for:** Mild Tendonitis, Mild Tennis Elbow, Mild Golfers Elbow

**Product Features:**

- Designed to provide relief from tenderness in the forearm or elbow
- Tendon pad cushions places gentle, targeted pressure on elbow tendons and muscles
- Adjustable strap for custom fit and support
- Single-handed closure system for simple fitting
- See pack for where to measure

**Materials:** Nylon, Polyester, Polyurethane Foam, Acetal



MOISTURE  
WICKING



ODOUR  
RESISTANT



Customer Measurement Size	Adjustable 17.8cm - 35.6cm / 7" - 14"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
45975ENR	730076	668848	229016	2325110	\$45.95	Yes	051131201545

## Custom Pressure Elbow Strap

**CUSTOM DIAL**



FIRM  
SUPPORT

**Use for:** Mild Tendonitis, Mild Tennis Elbow, Mild Golfers Elbow

### Product Features:

- Applies targeted pressure on the affected elbow tendon without increasing pressure around the entire arm
- Pressure is delivered more accurately than standard elbow straps and is maintained until the dial is adjusted
- Soothing gel pad conforms to the shape of the arm and provides additional comfort on the tendon as it moves
- Adjustable hook and loop strap with soft edges provides additional comfort
- Low profile design allows easy fit under or over clothing
- See pack for where to measure

**Materials:** Nylon, Polyester, TPE, Polyurethane Foam, Polycarbonate, Metal



Customer Measurement Size	Adjustable
	17.8cm - 35.6cm / 7" - 14"

3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
45980ENR	934208	180695	185744	2373847	\$57.95	Yes	051131199156

## Arm Sling

**ALL DAY**



MILD  
SUPPORT

**Use for:** Sprains, Post-Cast, Post-Surgery

### Product Features:

- For recuperation following bone fracture, sprain and surgery
- Helps support the weight of the arm
- Reversible for left or right arm
- Adjustable shoulder strap with comfort pad to alleviate shoulder discomfort
- Thumb loop to assist optimal alignment and relieve strain
- Grey in colour
- See pack for where to measure

**Materials:** Polyester, Cotton, Polyurethane, Nylon, Polyacetal



BREATHABLE  
MATERIAL



Customer Measurement Size	Adjustable

3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
46204ENR	569747	130278	576263	2373909	\$23.95	Yes	051131200920



## Comfort Stabilising Back Support

ALL DAY



FIRM  
SUPPORT

**Use for:** Abdominal Support, Sprains and Strains, General Soreness, Post Surgery

### Product Features:

- Designed to provide extra support to stiff, strained or aching back
- Comfort cushions to support and massage tired aching muscles to relieve pain
- Adjustable cinch straps for custom support
- Sleek, non-bulky design provides no restriction of movement
- Breathable materials for all day comfort
- Grey in colour
- See pack for where to measure

**Materials:** Nylon, Polyester, Urethane Foam, Fiberboard, Spandex, Acrylic



Customer Measurement Size	Small/Medium 73.6cm - 99.1cm / 29" - 39"	Large/XL 99.1cm - 127.0cm / 39" - 50"	2XL/3XL 127.0cm - 152.4cm / 50" - 60"					
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
S/M	46815ENR	657972	720367	212881	2373523	\$92.95	Yes	051131201552
L/XL	46816ENR	658014	720375	213373	1952661	\$92.95	Yes	051131200760
2XL/3XL	46917ENR	363596	N/A	031496	2373916	\$92.95	Yes	051131201453

## Easy Adjustable Back Support

ALL DAY



MODERATE  
SUPPORT

**Use for:** Abdominal Support, Sprains and Strains, General Soreness, Post Surgery

### Product Features:

- May help to provide relief from symptoms of lower back pain and discomfort due to muscle fatigue or strains
- Permits full range of movement while providing comfortable support and compression
- Dual pull cord system for quick and easy adjustments
- Great for workplace, recreation and at home
- See pack for where to measure

**Materials:** Nylon, Polyester, Urethane Based Foams, Neoprene Blends, Polypropylene, Steel, Spandex, Plastic



BREATHABLE  
MATERIAL



Customer Measurement Size	Adjustable 73.0cm - 129cm / 29" - 51"							
	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
	46820ENR	382779	094003	367079	2373461	\$92.95	Yes	051131196919

## Abdominal Compression Support

ALL DAY

MODERATE  
SUPPORT

**Use for:** Abdominal Support, Post Surgery

**Product Features:**

- Designed to provide moderate support, comfort and fit to the abdominal region
- Assists return of anatomy to natural position after surgery or rapid weight loss
- Allows greater freedom of body movement
- Soft, pliable front panel adjusts to body contours
- Inconspicuous and discreet under clothing
- White in colour
- See pack for where to measure

**Materials:** Polyester, Nylon, Spandex, Cotton, Polyurethane

BREATHABLE  
MATERIAL

Customer Measurement Size	Medium 81.3cm - 106.7cm / 32" - 42"	Large 106.7cm - 132.1cm / 42" - 52"
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	3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
Medium	46201ENR	866466	N/A	576492	N/A	\$94.95	Yes	051131200937
Large	46200ENR	866458	N/A	576506	2445193	\$94.95	Yes	051131200944

## Cold/Hot Compress

ALL DAY

**Use for:** Use cold to help reduce swelling, inflammation, fever, headaches, migraine and sprains.

Use hot to help reduce muscle spasms, decrease pain, soothe and relax.

**Product Features:**

- Reuseable
- Safe, non-toxic gel
- For natural pain relief\*
- Ideal for the R.I.C.E.R method
- Use with included protective sleeve

**Contains:** Water, Glycerol, Sodium Carboxymethyl Cellulose

Size	11cm x 26cm / 4.3" x 10.2"
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3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode
F1570	32063	281659	516724	2384061	\$18.95	Yes	4054596438972



**Use for: Sore muscles****Product Features:**

- Designed to provide continuous, even compression to your muscles.
- The snug fitting fabric provides a comfortable feel
- The stretchy, anatomical design allows for a full range of motion.
- Four-way stretch fabric, anatomical design and ergonomic construction enable a full range of motion
- Low-profile, breathable fabric helps keep air flowing
- Great for everyday use, travel and during athletic activities

**Materials:** Polyester, SpandexBREATHABLE  
MATERIAL**Knee Compression Sleeve**

## COMPRESSION SLEEVES

MILD  
SUPPORT

Customer Measurement Size	Small/Medium 30.5 - 36.8cm / 12.0" - 14.5"	Large/XL 36.8 - 43.1cm / 14.5" - 17"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode	
Small/Medium	80101EN	53281	324913	649228	N/A	\$28.95	Yes	051131204898
Large/XL	80102EN	53282	324962	649244	N/A	\$28.95	Yes	051131204911

**Calf Compression Sleeve**

## COMPRESSION SLEEVES

MILD  
SUPPORT

Customer Measurement Size	Small/Medium 33.0 - 38.7cm / 13.0" - 15.25"	Large/XL 38.7 - 44.4cm / 15.25" - 17.5"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode	
Small/Medium	80301EN	53285	324954	649295	N/A	\$28.95	Yes	051131204942
Large/XL	80302EN	53286	324939	649309	N/A	\$28.95	Yes	051131204959

**Arm Compression Sleeve**

## COMPRESSION SLEEVES

MILD  
SUPPORT

Customer Measurement Size	Small/Medium 22.8 - 26.6cm / 9.0" - 10.5"	Large/XL 26.6 - 30.4cm / 10.5" - 12.0"						
3M Product Code	API PDE	Sigma PDE	Symbion PDE	CH2 PDE	RRP	GST Applicable	Barcode	
Small/Medium	80201EN	53283	324897	649252	N/A	\$28.95	Yes	051131204928
Large/XL	80202EN	53284	324947	649279	N/A	\$28.95	Yes	051131204935





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